The PEACE Bracelet

**What you need to get started**  
• THREADS   
• a pair of scissors  
• masking tape  
• measuring tape or ruler  
• lots of patience

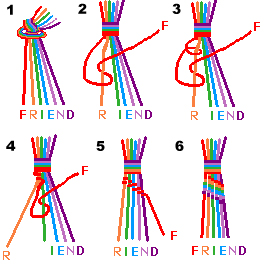
**Basic Techniques:**Step 1: Cut THREADS that are 24 inches long.  
Step 2  
Hold your bracelet in place while you work on it ( use a fence or a chair)

Step 3  
Remember the bracelet begins and ends with a simple knot. Once you've woven the bracelet you want there are two easy ways to tie it closed.  
\* if the bracelet has a looped end, pull the loose ends through the loop and tie a simple square knot.  
\* If the bracelet has loose ends, tie them with a square knot.

***The Woven Bracelet***

You can weave thicker bracelets using patterns such as Indian patterns. The basic starts with \* 6 strands of yarn, embroidery thread, gimp, twine, whatever you like- each 24" inches (60 cm) long.

*\* An easy way to think of this woven pattern is to imagine that each strand represents a letter in the word F R I E N D.  
(\* You may choose any colors you like.)*

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Step 1  
Gather the 6 ends and tie an overhand knot leaving a 8" - 9" (21-23 cm) tail. Arrange them in the order you would like for your bracelet. Tape knotted end to a table or tie to a chair.  
  
Step 2  
Take the first string on the left F and wrap it over and around the next string R to make a knot. Tighten by holding R and pulling up on string F.  
  
Step 3  
Make a second knot the same way with string F over and around string R. Pull up on F to tighten.  
  
Step 4  
Drop string R and pick up string I. Make two knots with string F over and around string I.  
  
Step 5  
Repeat on strings E, N, and the last string D making two knots on each with string F. Now F will be on the right. This makes one complete row.  
  
Step 6  
Continue the next row by taking the first string on the left, now string R, and making two knots over and around each of the other strings I, E, N, D and F. With each row the string on the left is worked over to the right side.  
  
Step 7  
when you have woven enough to fit around your wrist, tie another overhand knot to complete. To wear the bracelet, tie the two ends together in a square knot and trim the extra strings.